

Don't Let Dinner End in Disaster

Cooking Safety Tips for Your Home

FACTS:

Cooking is the #1 cause of both fires and injuries in the home.

According to the U.S. Fire Administration 82% of fire deaths occur in the home.

- **Never leave cooking unattended.** It only takes *seconds* for a fire to start.
- **Keep cooking area clutter free** - store dish towels, pot holders, papers, plastic bags, trash and other combustibles away from stove top.
- **Make a SAFE ZONE of 3 feet around the stove while cooking to prevent injuries to yourself, children and pets.**
 - A safe zone will keep children from pulling hot pots off of the stove.
 - A safe zone will also keep you from tripping over children or pets.
- **DO NOT wear loose, hanging clothing while cooking.**
- **DO NOT leave the house with food on the stove.** If you are unsure if you turned off the stove CHECK IT BEFORE YOU LEAVE.
- **DO NOT cook when sleepy or under the influence of medication that will make you drowsy.**
ALWAYS make sure your stove/oven is turned off BEFORE you fall asleep.
- **NEVER use your oven to heat your home.**
- **When frying, heat oil gradually to avoid burns from spattering grease.**

**IF A GREASE FIRE DOES OCCUR,
PUT A LID ON THE FIRE. NEVER
PUT WATER ON A GREASE FIRE.**

**HAVE A WORKING
SMOKE ALARM ON
EVERY LEVEL OF
YOUR HOME. TEST
THE BATTERIES
MONTHLY.**

Capitol Heights Volunteer Fire Department

Part of the Prince George's County Fire/EMS Department
6061 Central Avenue Capitol Heights, MD 20743
For More Information Visit Us on the Web: www.chvfd.org